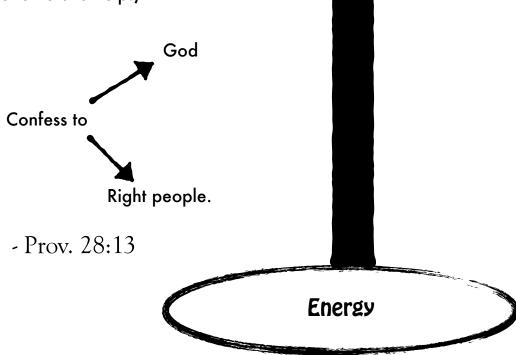
## **USING ANGER TO ATTACK PROBLEMS**

- 4. Return good for what you think is evil.
  - Gen 50:21
  - Rom 12:21
- 3. "Make room for God's Wrath."
  - Gen 50:19
  - Rom 12:19
  - "I will not play God."
- 2. See God in trial.
  - Gen 50:20
  - Rom 8:28,29
  - Jas. 1:2—4
- 1. Recognize, admit, confess:
  - A. My wrong goal in anger
- B. The wrongness of my anger (Get others to help.)

- 6. Act to solve your part of the problem.
  Rom. 12:18
  (God's kind of person)
  - 5. Communicate to solve the problem.
    - A. Use the four rules of communication.
      - Eph. 4:15, 25–32
    - B. Ask the six questions.
    - C. Let love defuse.

## (1-6 MUST be convictions!)



Restructured from Anger Chart by Faith Counseling Ministries